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**Wellth** - Jason Wachob 2017-03-07
mindbodygreen founder Jason Wachob redefines successful living and offers readers a new life currency to build on, one that is steeped in wellbeing...Wellth. “Many of us aren’t satisfied with just trying to accumulate the most money and toys. The good life is no longer just about the material—instead, it can be found in a lifestyle that is devoted to mental, physical, and emotional health. A wellthy existence is one in which happiness is attainable, health is paramount, and daily living is about abundance. It’s a life in which work is purposeful; friendships are deep and plentiful; and there’s a daily sense of richness or overflowing joy. But since there’s no one-size-fits all definition for a wellthy existence, I hope this book will serve as a guide to help you embark on your own personal journey that is both unique and meaningful.”

These are the building blocks of Wellth...and in this blend of memoir and prescriptive advice Jason Wachob shows us all how to enjoy truly ‘wellthy’ lives—lives that are deeply rich in every conceivable way. Through his experience and personal story, as well as in exclusive material from popular expert contributors (including Dr. Frank Lipman, Dr. Lissa Rankin, Joe Cross, Charlie Knoles, Kathryn Budig, Dr. Aviva Romm, and Dr. Sue Johnson), we learn how we too can embrace this new movement and develop richer, fuller, happier, healthier, and more meaningful lives.

**The Power of Past Life Regression** - Steve Burgess 2020-03-27
Welcome to the exciting world of past life regression! Hypnotherapist Steve Burgess has conducted many thousands of past life regression sessions and this book details some of the incredible healings his clients have experienced as a result of past life therapy. Each of the client’s stories is vividly re-told using the words that they spoke whilst in trance in their regression sessions. They paint exciting pictures and describe in detail the events that took place in the past lives, often giving a fascinating insight into life in former times. If you’re interested in spiritual issues or in learning more about reincarnation and how our previous lives affect our present life, you’ll be fascinated to read the journeys of Steve’s clients as they release the traumas of their past lifetimes and achieve wholeness in this life.

**Twenty Cases Suggestive of Reincarnation** - Ian Stevenson 1980
Cases of responsive xenoglossy thus add to the evidence concerning the survival of human personality after death.

**Meet Your Karma** - Shelley A. Kaehr 2020-02-08
Explore How Past Lives Affect You in the Here and Now And learn to work through past life trauma Healing your past life karma is possible! Meet Your Karma shares amazing case studies from Shelley A. Kaehr's hypnoregression practice, demonstrating the unique tools and
strategies she uses to help her clients clear past life trauma and disruptive emotional blocks. Discover Shelley’s innovative RELIEF method for using guided imagery and past life regression to help relieve anxiety, depression, and trauma. This book also provides a series of progressive guided journeys so that you can explore the RELIEF method for yourself and experience insight, answers, and healing. These inspiring stories of clients who were able to overcome fears, phobias, panic disorders, trauma, OCD, and PTSD will fill you with hope and give you the tools to heal from your most challenging past lives.

**The Past Life Perspective** - Ann Barham 2016-06-07
Previously published as: Nine lives (and counting).

**Lifetimes** - Marilyn Kaufman 2021-09-22
Fifteen years ago while studying energy healing, Marilyn Kaufman found herself in a spontaneous past life. The incredible experience left her wondering what other lifetimes could be influencing her current existence. And so she began an introspective journey to find out more. After gaining a better understanding of the experience, Marilyn began studying hypnosis and regression therapy, and eventually incorporated the techniques into her existing energy healing practice. While guiding her clients down an enlightening path through past lives, into the in between, and to connect to their Spirit guides, Marilyn learned much about the purpose of life. By sharing her insights, Marilyn helps others who may be awakening or searching for meaning in their lives to embrace the power of past life regression therapy to move through challenging obstacles, explore and heal relationships, and realize their true life’s purpose. Lifetimes shares fascinating personal stories of an empath’s journey and related experiences with past life regression as she achieved peace, gained eternal knowledge, and went on to guide others down a path of self-actualization.

**Past Lives** - Atasha Fyfe 2015-01-05
This book introduces the idea that we have multiple lifetimes, and explores how past life awareness can lead to a happier, more meaningful and more fulfilled experience of life in the present. You’ll learn about: how regression works the secret clues to your past lives that show up in this life the astonishing cases of children's past life memories how to find out more about your own past lives the benefits of past life awareness for improved health, abundance and relationships Hay House Basics is a new series that features world-class experts sharing their knowledge on the topics that matter most for improving your life. If you want to learn a new skill that will enhance your wellbeing, Hay House Basics guarantees practical, targeted wisdom that will give you results!

**Miracles Happen** - Brian L. Weiss 2012-10-02
In his revolutionary book Miracles Happen, Brian Weiss M.D., the New York Times bestselling author of Many Lives, Many Masters, examines the physical, emotional, and spiritual healing that is possible when you freely accept and embrace the reality of reincarnation. Trained as a traditional psychotherapist, Dr. Weiss began to explore how reincarnation and past life regression can lead us to our higher selves after a startling encounter with a patient. Now a leading proponent of past-life therapy, Dr. Weiss shows us that, indeed, Miracles Happen, with seemingly incredible but true stories that demonstrate how, by getting in touch with and understanding our past lives, we can dramatically improve the present.

**Healing Your Past Lives** - Roger Woolger 2011-01-26
Through thousands of cases, Dr. Roger Woolger has witnessed the power of past-life therapy to treat mysterious and unexplained symptoms. As Dr. Woolger says, "so many cases of 'incurable' depression, phobias, anxieties, and physical illnesses find complete resolution when the cause is healed from beyond the current life." With Healing Your Past Lives, Dr. Woolger provides step-by-step instruction for using his safe and effective Deep Memory Process, to
explore our own past life memories and resolve emotional blocks that can profoundly affect
our present-day health and happiness. Join Dr. Woolger to explore: The key signs and
symptoms of past-life trauma. How to gain insights into the purpose of your life today from
past-life memories. Case studies and research on karma, reincarnation, and the past-life
phenomenon from around the world. A companion audio CD with five guided past-life
regressions for letting go of anger, shame, self-criticism, and limiting beliefs.

*Past Life Regression* - Mary Lee LaBay 2004-12-10

The quest for self-knowledge and awareness has gained increasing popularity over the past
several decades, with an explosion of beliefs and methodologies. Central to these practices is
the exploration of past lives. From the curious layperson to the traditional doctor of medicine,
people are employing various techniques in an effort to facilitate this experience. Certified
hypnotherapy instructor Mary Lee LaBay has written *Past Life Regression: A Guide for
Practitioners* as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay
covers both basic and advanced techniques in a philosophical context, to help practitioners
generate maximum healing and change during the past life session. Through case studies and
concise instructions, the author demonstrates practical and elegant uses of these techniques
that allow the client to discover life purpose, aspects of their relationships, roots of disease,
depression, and phobias, as well as a wide range of other life issues.


Discover how flashes from past lives can appear as signs and synchronicities, childhood
impressions, dreams and memories, even spontaneous shifts in consciousness or time.
Providing time-tested exercises, *Past Lives, Present Stories* shows how to explore your past
lives and use the lessons you've learned to flourish in your present incarnation. Join author
Judith Marshall as she takes you through the full range of techniques for exploring your past
lives and piecing together information to help you on your path. Providing examples of her
own glimpses into her past lives, Judith illustrates how illuminating and healing past-life
discovery can be.

*To be Continued* - Karen Berg 2012

If we lived with an awareness of reincarnation and karma, we would never think of life as
random, perceive ourselves as victims, and we’d always be conscious of our actions. Life
would make more sense and would be infinitely more fulfilling. Reincarnation is the soul’s
journey back to the Light via multiple physical incarnations. In each lifetime, the soul returns to
the physical world to correct a different aspect of itself. In one incarnation a soul may need to
learn about being rich; another it may need to learn about being poor. Or it may need to
experience strength and weakness, anger and compassion, beauty and unsightliness. It
doesn’t matter if you were Cleopatra or a foot soldier, the point is to be conscious of the things
we failed at, the damage we came to restore so we can make the correction this time around.
Reading this book can help you understand some of the challenges and questions you have in
this lifetime that may have come from another life. Part I discusses the process of
reincarnation—how and why it happens. In Part II, you will learn about life challenges and why
it’s important to embrace them as a necessary part of our soul’s work. In Part III, you can
detect past life lessons by using kabbalistic tools of angels, astrology, palm and face reading.
Awareness of our soul’s journey creates a context that helps us to guide our lives and
appreciate what we were given. With this knowledge over many lifetimes our soul eventually
manages to understand all the lessons and puts all of these fragments together. As it does so,
the soul gathers sparks of Light back to itself. Eventually it returns to the source of all
Light—the Creator—complete. When we understand reincarnation, our mistakes in this life
become devastating. We develop a level of spiritual maturity that helps us to perceive how
everything is part of a bigger plan designed to help us to change and grow. Death is not the
deal of the game, but just a chance to do over. We have nothing to fear. Life will be continued.

**Discovering Your Past Lives Made Easy** - Atasha Fyfe 2023-10-03

An accessible, concise and comprehensive guide to unlocking and working with your past life
memories to encourage healing and self-empowerment. Past Lives Made Easy introduces the
idea that we have multiple lifetimes, explores how they can connect to each other and offers
techniques to help you experience the incredible healing and growth that they can offer you.
Hypnotherapist and past life therapist Atasha Fyfe explains step by step how regression works
and how readers can use it to find the clues to their past lives. She shares astonishing cases of
children's past life memories, how the body holds on to past life memories and what the
common triggers for them are. Regressions can bring many benefits to the reader, including
helping them release emotional or psychological blocks they have in their present life. Readers
can use this book to: initiate a past life regression at home discover their own past lives learn
about the benefits of past life awareness receive the positive messages that can come through
during a regression This title was previously published in the Hay House Basics series.

**Across Time and Death** - Jenny Cockell 1994

For as long as she could remember, Jenny Cockell had felt she had lived a former life as Mary
Sutton. Finally, Jenny acted on her intense need to find her lost family. After years of
painstaking searching, she finally reunited with family members from her previous lifetime.
This is her startling, true story.

**Return From Heaven** - Carol Bowman 2009-10-06

What if you could see a loved one who has died, not in a future spiritual realm, but here and
now, in this lifetime? It is possible, says Carol Bowman, author of Children’s Past Lives and a
pioneer in reincarnation studies. Based on in-depth research and direct observation of very
young children, she shows in this groundbreaking book how common it is for beloved relatives
to reincarnate into the same family. Typical families share how their children -- some as young
as two and still in diapers -- speak spontaneously of intimate details from the lives of a family
member they never knew. These true stories shed new light on age-old questions of family
relationships: Do we choose our parents? What relationships survive death? What happens to
the soul after a miscarriage or abortion? Bowman offers hope for anyone who has lost a
beloved relative and longs to be reunited again.

**True Real Life Stories of Reincarnation** - Richard Bullivant 2015-10-01

Have you lived before? Suddenly the idea of reincarnation has produced a wave of resonance
in modern society and struck a chord. This book documents the growing public acceptance of
the possibility that all of us will live again after we finish our present 'go-around' on the planet
Earth. The ancient concept of reincarnation and past lives has not only re-emerged into our
modern consciousness, but seems to have become a more natural and accepted part of our
world view. Some studies show that twenty-five percent of people in modern western countries
now agree that reincarnation is not only possible, but a reality. The implications of this are
enormous. Imagine a population that has been released from the fear of death. Suddenly, we
have all the time in the world - eternity, in fact! Life now takes on a new dimension of
meaning. We realize that this is not all there is and we also understand that we are more than
our physical bodies and because we are more than our physical bodies, we can access that
which is beyond the physical. Our potential is virtually unlimited. Freedom from the fear of
death is a kind of universal freedom that can flow across all aspects of life and living. Knowing
that we are not mere physical lumps of biological matter, but indestructible souls constructed
of pure consciousness is a magnificent vision for humanity. Knowing that we are 'souls' means
that we can live out our lives from that basic understanding. It is the ultimate empowerment. No doubt many will remain sceptical about the possibility of reincarnation. But it seems this is a concept and a phenomenon that is not going away. Those amazing headlines in the media just keep coming. Every day more people - average, ordinary everyday people - are discovering that they have an undeniable connection to something larger, something infinite and something absolutely amazing.

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- The Reawakening of Marty Martyn
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- The Interesting Case of Sherrie Lea Laird and Marilyn
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- The Druze
- The Genius Connection
- The Science of Reincarnation

**Children's Past Lives** - Carol Bowman 2012-02-01
Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield—an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In Children's Past Lives, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, Children's Past Lives will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death.

**Reincarnation** - Eirik Leivsson 2016-03-17
Discover Remarkable Stories of Past Life Memory! Reincarnation: Just another religious myth, or an actual, real phenomenon? While such esoteric concepts are near impossible to prove under controlled conditions, there does actually exist compelling evidence which suggests that we do live more than once. "Exceptional Cases of Past Life Memories" takes bits of information from all kinds of obscure sources, including: scientific papers and journals, old documentaries and news articles, as well as numerous radio and TV interviews- and distills it all into a number of concise, easy-to-read stories with clear narratives. During the course of this book, we will explore 13 cases where people remembered moments from another time, another life, another them. Whatever your beliefs may or may not be, one thing is certain: at the end of it all, the idea of many lives will appear more real than ever before. We will take a look at: An Indian boy who claims he got shot, and whose birthmarks match the bullet wounds of his previous body. An English boy who is haunted by the echoes of his 1940s German past. A woman whose sexual anxiety is explained through her past life memories A little Finnish girl who swears she used to be a grown man, before she was ran over by a bus. A young girl from Myanmar who claims she's actually her own grandmother. And much more!

**Reincarnation** - Ray Stemman 1997
Roy Stemman has had a lifelong interest in reincarnation. As a journalist and director of Psychic News and as editor of Life & Soul magazine (formerly Reincarnation International) he has access to the most exciting cases and the most prominent researchers from around the world. In this inspiring and extraordinary book, he presents numerous incredible cases which are impossible to dismiss. Read about: The young boy born with scars on his head which precisely match the autopsy report of the murdered man he believes he was in a former life;
An Italian family whose daughter died but announced in a dream that she would return - and their new baby who was able to sing perfectly the lullaby her dead sister had been taught; Burmese children who remember details of life as Japanese soldiers; The English woman whose memories of a past life reunited her children from that previous life, who were then able to corroborate her memories; Cases of people who under regression can speak a foreign language fluently; Cases of famous people who believe they have lived before; And much, much more.

**Past Lives** - Davina Desilver 2013-11
Past Lives: Incredible Past Life Experiences Intrigued by the existence of past lives and past life regression? Fascinated by reincarnation and how it affects your life today? This is an insightful and sensitive account of what it's like to experience past life regression, the experience itself and the resulting learning that comes from that experience. These reincarnation stories are intimate and personal recollections. It's engaging and exhilarating, you won't want to stop reading. "I trained in Past Life Regression Therapy several years ago and have been asked many times to write down some of my own past life stories. I have been shocked, elated, stunned and at times frozen with fear These are my experiences, never anyone famous, just real experiences of past lives, usually with some pertinent reminder or similarity with events in my current life." With DeSilver's usual style, to the point and easy to read, the reader can certainly identify with her personal and truthful account and her natural sense of humour shines throughout. Her unique manner of combining the therapeutic viewpoint as well as that of the client is addictive. A must read for anyone interested in the existence of past life regression and reincarnation. "My experiences of the existence of past lives has never been purely for entertainment purposes. I have loved being able to touch my spirit and that of others. Within all of us, lies the potential to access ancient memories, times long past. I do believe that the body holds onto such memories, even if we don't consciously know how. There is an intelligence in every single cell of your body. The mind is not the brain, it includes the brain but it is not limited to it. The brain is the physical organ, the mind is less tangible. It expands further than we think and communicates in ways I believe we have yet to master or fully understand. There may be things in this life that just don't make sense to you, a recurring thought or dream that seems to bare no relevance to your current life. Sometimes specific aches, pains and physical imbalances may not be confined to an event in this current lifetime you are experiencing. If that is the case for you, you will know it in your heart and in your gut as you read these words. Using the sensations and feeling ability of the body is one of the ways we access these deeply held memories, thoughts and beliefs. It's as if they are frozen in time, crystallised if you like, especially if they are associated with strong emotions and events of the time."

**Blast from the Past** - Shelley A. Kaehr 2021-12-08
Remember Past Lives and Heal Trauma Without a Regression Session Like many people all over the world, you have probably experienced Supretrovie— spontaneous past life recall—and perhaps not even realized it. Now you can turn that experience into an opportunity for transformative healing using this book's impressive collection of research, case studies, and hands-on exercises. Sudden sickness when visiting a specific location, bad vibes when boarding a ship, and unexplainable emotions when meeting someone new are classic examples of Supretrovie. Blast from the Past shows you how to identify when it happens and use it to explore your previous lives without a regression session. Shelley A. Kaehr, PhD, teaches you how to use gemstones, journaling, and travel to induce past life recall, and she helps you recognize others on a soul level. You'll also learn to cut ties to harmful former lives, resolve lingering trauma, and more. Includes a Foreword by Bryn Blankinship, author of The
Limitless Soul

Past Life Regression - Daniel Kai 2015-04-07
Have you ever wanted to explore your past lives to help better understand the purpose of your soul's journey through eternity? Would you like to help guide your friends and relatives into a meditative state when they can recall their own hidden past life memories to help them with the very personal challenges of their current lives? If so, this book is for you. This book will help you discover the long journey of your soul - whether your most recent incarnations were in the distant, distant past or from a slightly more recent period of history. You'll discover how important events of your past life create trends and can significantly impact your current life. You'll see how people, family, and friends help create karmic resonances and causal ripples from pasts long since forgotten. Author Daniel Kai has spent years investigating past life phenomena and helping others recover their own past life memories. By popular request, he has created this book to help show you how to achieve the same amazing past life recollection results in the comfort of your own home. By the time you finish reading this book, not only will you be able to provide your own past life regression, but you will have enough information to act as a past life advisor to help others. In this book you will learn:

- how to use the included guided meditation script to help clients and others recover their own lost past life memories
- how to distinguish between real past life memories and memories conjured by false memory syndrome
- how to induce deep, deep states of relaxation in yourself and clients to begin probing the recesses of their minds
- the basics of and the differences between hypnosis and guided meditations
- how to hone in on specific past life memories
- how tragedies and important events in past incarnations dramatically affect your current life conditions

If you are even remotely curious about past lives and how to help yourself and others enter into a state of mind to recover their hidden past life memories, this book is definitely for you. I hope you enjoy this book as much as I enjoy creating it.

Before - Jim B. Tucker, M.D. 2021-04-13
A fully updated 2-in-1 edition, with a new introduction by the author, combining Dr. Jim B. Tucker's bestselling books about children who remember past lives—Return to Life and Life Before Life. These two books contain first-person accounts of Jim B. Tucker's experiences with a number of extraordinary children with memories of past lives, and expands on the international work started by Tucker's University of Virginia colleague Ian Stevenson. Tucker's work has been lauded by the likes of parapsychologist Carol Bowman and Deepak Chopra, and has been described by some as quantum physics. His goal in each case of a child reporting memories of previous lives is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found case studies that provide persuasive evidence that some children do, in fact, possess memories of previous lives. Thought-provoking and captivating, the stories in Before urge readers, skeptics and supporters alike to think about life, death, and reincarnation and to reflect about their own consciousness and spirituality.

Past Lives, Present Miracles - Denise Linn 2008-03-01
Miracles can occur in your life, easily and effortlessly. It's simply a matter of remembering who you are—and to do this it's necessary to clear the blockages that stand between you and your soul. Almost all of these obstacles have their roots in your distant past, so it's valuable to travel back in time to release them. However, most of us are so caught up in limiting beliefs about who we are that it's almost impossible to take that journey. In this book, you'll learn how to travel back to your previous incarnations to release buried obstructions so you can create the miracles in your life that you deserve! It's safe, easy, and fun . . . and anyone can do it!
You’ll learn how to discover your past lives without ever doing a regression, remove limitations regarding your relationships, abundance, and health that came from your past lives, uncover the symptoms of past-life traumas and how to clear them, even if you don’t believe in reincarnation, understand the roles that loved ones played in your previous incarnations, find your personal guides, spirit guardians, and angels and receive their help . . . and much, much more!

**Children Who Remember Previous Lives** - Ian Stevenson, M.D. 2016-05-20
This is the revised edition of Dr. Stevenson's 1987 book, summarizing for general readers almost forty years of experience in the study of children who claim to remember previous lives. For many Westerners the idea of reincarnation seems remote and bizarre; it is the author's intent to correct some common misconceptions. New material relating to birthmarks and birth defects, independent replication studies with a critique of criticisms, and recent developments in genetic study are included. The work gives an overview of the history of the belief in and evidence for reincarnation. Representative cases of children, research methods used, analyses of the cases and of variations due to different cultures, and the explanatory value of the idea of reincarnation for some unsolved problems in psychology and medicine are reviewed.

**Reincarnation** - Roy Stemman 2004-07-01
Roy Stemman has had a lifelong interest in reincarnation. As a journalist and director of Psychic News and as editor of Life & Soul magazine (formerly Reincarnation International) he has access to the most exciting cases and the most prominent researchers from around the world. In this inspiring and extraordinary book, he presents numerous incredible cases which are impossible to dismiss. Read about: The young boy born with scars on his head which precisely match the autopsy report of the murdered man he believes he was in a former life; An Italian family whose daughter died but announced in a dream that she would return - and their new baby who was able to sing perfectly the lullaby her dead sister had been taught; Burmese children who remember details of life as Japanese soldiers; The English woman whose memories of a past life reunited her children from that previous life, who were then able to corroborate her memories; Cases of people who under regression can speak a foreign language fluently; Cases of famous people who believe they have lived before; And much, much more

**Return of the Revolutionaries** - Walter Semkiw 2003-04-01
Two hundred and twenty-five years ago a political revolution took place in this country which swept power from the English monarchy and gave it to the people of the New World. Today, a spiritual revolution is underway in which spiritual power and responsibility are passing from institution to individuals. You'll be shocked to learn that the same people are at the heart of both world-changing movements. John Adams, Thomas Paine, Samuel Adams, the justices of the first Supreme Court and numerous other American Revolutionaries have been reincarnated as the political and spiritual leaders of today, including George W. Bush, Bill Clinton, Al Gore, Marianne Williamson, Shirley MacLaine, and others. Semkiw presents ample evidence that physical appearance, character traits, modes of thinking and expression, as well as family and karmic groups, often stay the same from lifetime to lifetime. He's also included photographs demonstrating the startling physical similarities the individuals of the American Revolution share with today's revolutionaries. As further support of the basic premise and reality of reincarnation, Semkiw has included Dr. Ian Stevenson's groundbreaking findings of children who report past lives, as well as other case studies of individuals who have researched and written on their own past lives. Discusses new research into using DNA to prove reincarnation.
groups, and spiritual guidance can be used to detect one's past lives. Includes numerous black & white photographs, dramatically illustrating the similar physical appearance of revolutionaries, past and present.

**Soul Survivor** - Andrea Leininger 2009-08-03

James Leininger was just two years old when he began having disturbing nightmares that would not stop. He screamed out in the night: 'Plane on fire! Little man can't get out!' While nightmares are common among children, what happened next shocked those around him... James began to reveal details of planes and war tragedies that no two-year-old boy could know. His desperate parents were at a loss to help him until he said three things: 'Corsair', 'Natoma' and 'Jack Larsen'. From these tantalising clues, James's parents travelled thousands of miles and spent many long years piecing together these facts to try and find an answer that could end his torment. Finally, despite his mother's fears and his father's staunch Christian beliefs, they found only one possibility to the endless coincidences that surrounded every detail in James's life – that their son was reliving the past life of a World War II fighter pilot. Their touching story is one that will challenge sceptics and confirm the beliefs of those who already believe in life after death.

**Does the Soul Survive?** - Elie Kaplan Spitz 2001-12

To know the answer is to find greater understanding, comfort and purpose in life--and in death. Rabbi Elie Kaplan Spitz relates his own experiences and those shared with him by people he has worked with as a rabbi, firsthand accounts that helped propel his own journey from skeptic to believer.

**21 Days to Explore Your Past Lives** - Denise Linn 2023-02-07

Your past lives hold the secret to healing yourself in the present. Find out how you can access this power in just 21 days. Your soul has experienced many lifetimes before manifesting in your body. Trauma and joy from past lives can reveal our unique emotional make-up and explain physical ailments that trouble us today. People around the world have attested to the incredible awakening, healing and insight that can be found in a deep connection to our past selves. Travelling through the ages has never been easier with highly respected teacher Denise Linn's guide to uncovering the truth of our lives before our births. The book includes easy-to-use techniques to help you examine clues in your current incarnation and recall events from your previous lives, and guidance on healing past-life blockages with regression. Removing limitations in relationships, fulfilling your future destiny and uncovering the symptoms of past-life trauma and how to relieve it are all within your hands, wherever you are. You'll soon realize the potential you're capable of by calling on your previous incarnations and creating a connection with your spirit guide. It takes just 21 days to establish a new habit. If there's a skill you've always wanted to take advantage of, the answer is only a few weeks away with Hay House's 21 Days series.

**Reincarnation and Past Lives** - Taryn Price 2016-06-10

Welcome to Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History. This book is written for the person who is intrigued by the possibility of having lived a past life, but isn't quite sure where to begin your exploration. Are you curious to know if you've lived a past life? Do you think you may have been reincarnated? Do you want to hear about stories of people who claim they remember a past life? Do you want to learn how to determine your own past life history? Today only, get this Amazon bestseller for just $9.97 The idea of reincarnation is one of the few constants found in cultures across the world. While the specifics may differ from region to region, the striking similarities alone are enough to add some credence to the claims and the thousands of personal accounts over the past 50 years add even more. Inside
Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History, you will find famous cases of reincarnation, stories of reincarnated children, a bevy of famous individuals who claim they have been reincarnated and more. If you are curious about your own past life potential, then utilizing past life regression therapy is the easiest way to probe the depths of your own subconscious and inside you will learn how to do so on your own, without having to resort to finding a high priced hypnotherapist to get the same results. Understanding your past lives and how they affect you can do everything from removing mental blocks related to success to ridding you of potentially crippling phobias, do yourself a favor and download this book today. Inside you will find: The 10 surest signs that you have been reincarnated multiple times. The stories of famous people from Phil Collins to Salvador Dali who have reason to believe they were reincarnated. The reasons the scientific community is taking notice of reincarnation theories. And more... Five More Things You Will Learn When You Purchase 'Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History':
1) The science behind reincarnation and past lives
2) An introduction to Past Life Regression Techniques
3) Extraordinary accounts of past life memories and experiences
4) The story of a young boy named Ed Austrian, who in 2012, gained media attention thanks to a persistent sore throat that just wouldn't go away. Edward recollected the story of a past life that related to a man named James who died in World War I. You will learn the amazing account of how his sore throat related to his past life.
5) Multiple recollections from famous people who claim to have lived past lives
Take a leap of faith and find out if you have lived a past life. Remember, information that can be found when delving into your past lives is vast, there is no limit to what you may learn. This knowledge won't always be achieved easily, however, but with dedication and commitment, you can truly hope to see the most complete results. Take action now and download your copy of "Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History" by clicking Add to Cart button. Tags: reincarnation, reincarnation and past lives, past lives, past lives future lives, past lives dreams and soul travel, past lives present miracles, past lives of the rich and famous, past lives and reincarnation, past lives and present problems, past lives of children

Past Lives with Pets - Shelley A. Kaehr 2020-05-08
Discover Your Pet's Important Role in Your Soul's Journey Our animal companions' distinct personalities and behaviors can reveal that they have already lived with us and loved us... in a different life. Past Lives with Pets features amazing case studies of people who knew their pets in a previous life. This remarkable book also provides guided journeys that help you uncover past connections and heal from the trauma of losing your companion. Could your cat have within him the reincarnated soul of your dog? Are your pet's idiosyncrasies so familiar because she played a vital role in your soul's journey? Through past life regression, hypnotherapy practices, and client stories, Shelley A. Kaehr helps confirm the answer is yes. By exploring the many facets of past life study, this inspiring book encourages you to heal and grow through the soul lessons you share with your pet.

Reincarnation - Marilou Trask-Curtin 2014-04-08
As a three-month-old baby lying in her grandmother's arms, author Marilou Trask-Curtin had the fantastic experience of remembering herself in other bodies, times, and places. In this fascinating book, she tells the stories of soul lessons and past-life relationships that were too powerful to ignore. With a supportive community of like-minded seekers, Trask-Curtin achieves a remarkable transformation, and now she is able to affirm this important fact: Reincarnation
is real. It’s not easy for anyone to move past the limiting teachings of our culture, but Reincarnation shares a comforting idea—death is not the end, but rather a glorious new beginning. Join Marilou as she explores her soul’s path, returning again and again to fulfill what was unfulfilled in other lifetimes. With the true stories of Marilou’s remarkable experiences, this book reaffirms that empathy, forgiveness, and unconditional love are our soul’s most important lessons. Praise: "[A]n entertaining and accessible introduction to the concept for readers new to the subject." —LIBRARY JOURNAL

Your Soul Remembers - Joanne DiMaggio 2013

Your Soul Remembers is proof positive that answers to questions about your past lives are at the tip of your finger. Author and past-life specialist, Joanne DiMaggio, conducted a groundbreaking research project, combining past-life regression and a form of inspirational writing she calls Soul Writing. With the help of fifty volunteers, ranging in age from 23 to 81, Joanne regressed each to the past life that was having the most impact on them now. After the regression--but while they were still in an altered state of consciousness--she placed a pen in their hand and a journal on their lap and instructed them to ask their soul for information about that lifetime that eluded them in the regression. While they wrote, she also wrote, asking her Source for information she could share. The results were astonishing. Starting in the first century and ending in the recent past, Your Soul Remembers is a veritable past-life passport that takes you to countries across the planet--from obscure hamlets to desolate fortresses, from the quiet English countryside to the wild, wild American west. History comes alive as you read firsthand accounts of what it was like to experience the destruction of Pompeii; persecution in Tudor England; abduction during the Holocaust, and how those experiences still are affecting lives today. Your Soul Remembers includes fascinating accounts of clusters of soul groups who came forward with similar stories; of spontaneous healings after discovering the origin of a physical karma; of recognition of individuals today who played a similar role in the past. It is said all answers lie within. Every thought, word, and deed from previous lifetimes is recorded and stored in your soul, making it accessible to you at any time. Through soul writing you can apply this transformative technique to your own life, and begin an ongoing dialogue with your soul to uncover and resolve the issues that may be plaguing you today. --Joanne DiMaggio

Return to Life - Jim B. Tucker, M.D. 2013-12-03

Dr. Tucker, in a follow-up to his book Life Before Life, explores American cases of young children who report memories of previous lives in the New York Times bestseller, Return to Life. A first-person account of Jim Tucker's experiences with a number of extraordinary children with memories of past lives, Return to Life focuses mostly on American cases, presenting each family's story and describing his investigation. His goal is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found cases that provide persuasive evidence that some children do, in fact, possess memories of previous lives. Among others, readers will meet a boy who describes a previous life on a small island. When Tucker takes him to that island, he finds that some details eerily match the boy's statements and some do not. Another boy points to a photograph from the 1930s and says he used to be one of the men in it. Once the laborious efforts to identify that man are successful, many of the child's numerous memories are found to match the details of his life. Soon after his second birthday, a third boy begins expressing memories of being a World War II pilot who is eventually identified. Thought-provoking and captivating, Return to Life urges its readers to think about life and death and reincarnation, and reflect about their own consciousness and spirituality.
The Reincarnation of Amelia Earhart - Julia Svadi Hatra 2017-10-05
"Julia look exactly like Amelia - especially her eyes. It is said the eyes are the "window to the soul" and she definitely have Amelia's eyes and soul. " Kevin Williams, webmaster@near-death.com, USA **** "I found many little details in the book that made me able to say: yes, Julia was once Amelia Earhart: the soul in Julia's body now, was in Amelia's body the last time. " Marianne Notschaele-den Boer, www.vorigelevens.nl, Holland ****In new book "Reincarnation of Amelia Earhart? ", Amelia is talking to us. Astonishing secrets are revealed. Was Amelia meant to die according to some "secret plan"? Through the author's past life experience, Amelia is able to describe the last minutes before her death, how she enters Heaven, Angels, meeting with God, Egyptian Goddesses. A unique Egypt's ancient initiation ceremony of a Goddess, meeting with GIANT and Pharaohs. Travel in Time? Teleportation? Why was she lost? Why is it impossibly difficult to find her? Is it a curse by ancient Spirits on those who are "playing games" around Amelia's disappearance? **** "Nostradamus wrote 3 quatrains about Amelia Earhart and predicted that there would be lots of debates about her trip and what happened with her airplane...."The long journey will not be without debates", Quatrain 10.84. Amelia can do what nobody else can do...,right? And she DID IT AGAIN! It is amazing! With her own discovery, Julia can help in solving this mystery and find her plane. In Quatrain 2.45 Nostradamus told that that Amelia will re-born! "Through death too late a great people renewed."Numerous hypnosis specialists from Canada, USA, and the Netherlands proved that Julia is Amelia re-born!Re-born Amelia is a pioneer again."For the first time in human history, it has been scientifically proven that people have many lives." People need to know Julia's rare knowledge; it can support each and everyone on the planet. Time is of the essence now. Her powerful book which is published should be distributed world-wide.Nostradamus was right again when he wrote Quatrain 2.45 "Late and soon comes the awaited assistance."Fascinating! As I read "The Reincarnation Amelia Earhart ?," I found myself totally fascinated with Julia Svadi Hatra's life journey. Julia writes about her awakening into knowing who she really is. Her path has been an intriguing one.She has experienced memories and dreams of who she was in her former lives: Amelia Earhart, a Mayan Priest and an Atlantean Queen. She also discusses dream states that she has been in where she recollects some incredible events, including many of which involve ancient initiations. I found myself getting goose bumps over and over. I had two initial impressions upon reading this book. Just as this is not a book to be read in one sitting, it was also not a story that could be told in one lifetime. Julia Svadi Hatra strikes me as a phenomenal woman. She has not allowed a mundane façade to cover up her real beauty and essence. She radiates beauty and strength from the inside out. By reading about her experiences, and the incredible dreams that followed me in my life, she made me want to get up and shake off my fears and apprehensions about really allowing who I am to emerge.I highly recommend "The Reincarnation Amelia Earhart ?" by Julia Svadi Hatra to people who are feeling compelled to explore their pasts and use that knowledge to take the next step in their evolution. Ready, get set, go..." Reviewed by Paige Lovitt for Reader Views (11/16) www.readerviews.com" "In the text of the book there is an amazing property that occurs while reading. People begin to remember past lives, suddenly opening there own unusual abilities...It's amazing and delicious! This book - a real key for access to the enlightenment of consciousness everyone on this planet.Julia is a true Magician, who visits our planet with high mission for humanity."

Life Before Life - Jim B. Tucker 2005-09
An examination of forty years of scientific research into young children's reports of past-life memories draws on the cases of 2,500 toddlers, some of whom possessed birthmarks or scars matching those of deceased family members.
Children's Past Lives - Carol Bowman 1997
The author tells of her son’s repressed memories of being a black soldier in the Civil War and draws from his case and those of other parents to examine the effects--often positive--of children's former lives on their health.

Beyond Past Lives - Mira Kelley 2015-07-28
Understand your present with this powerful book on past lives. In this book, regressionist Mira Kelley shares the life-changing lessons she has learned from her clients to help you find support and understanding, and to empower you in your own growth. Mira teaches you how to connect with your Higher Self in any moment to receive guidance. You’ll come to understand how everything around you is just a reflection of yourself, why it is important to forgive, why you have the right to love yourself, and how the Universe always supports you lovingly and unconditionally. The stories contained in these pages will help you discover how to heal your body, mind, and spirit as you learn about the nature of time, karma, destiny, and free will—as well as how each choice creates a new reality for you. As you read Beyond Past Lives, you’ll see how regression has helped others shift to a reality of health and well-being, and you will be guided to achieve the same for yourself. Prepare for a powerful transformation as you experience the profound lesson of your past lives!

In this compelling account of her memories of past lives and her visions of lives to come, the author of "Across Time and Death" presents a fascinating look at the continuity of past, present, and future.